

Helen Ross, M.D.
HC 2 Box 303
Nogales, Arizona 85621
Phone: cell: 646-678-2511
Fax: 520-287-2171
Email: hrossmd@hotmail.com
www.HelenRossMD.com

EDUCATION/TRAINING:

- 04/08-04/08 Advanced Training Program, Center for Mind-Body Medicine. New Orleans, LA. CME credits/University of Minnesota. Advanced training in helping local and Global community deal with post-traumatic stress with emphasis on mind-body Techniques.
- 2/08-2/08 American Academy of Dermatology Annual Meeting in San Antonio, TX, CME credits obtained.
- 9/07-10-07 Center for Mind-Body Medicine. Professional Training Program. New Orleans, LA CME/University of Minnesota. Training in helping the local and global community Deal with post-traumatic stress with emphasis on mind-body modalities.
- 10/07-10/07 Comprehensive Physician Training for Level 4 Classification in the Cosmetic Use of Botulinum Toxin A, Use of Facial Fillers for Aesthetic Enhancement And Use of Lasers in Aesthetic Medicine. Certification and CME obtained.
- 08/06-Present American Academy of Anti-Aging Medicine. Currently working on board certification through the American Board of Anti-Aging Medicine. Passed written examination 12/2006. Will sit for oral exam 2008.
- 06/04-6/05 Institute for Integrative Nutrition
Certified in Nutrition and Holistic Health Counseling
120 W. 41 St.
Floor 2
New York, NY 10036
- 7/98-6/01 Dermatology Residency-PGY-3
Barnes-Jewish Hospital
Washington University in St. Louis
660 South Euclid Avenue
St. Louis, MO 63110
- 7/97-6/98 Internal Medicine PGY-1
Barnes-Jewish Hospital
Washington University in St. Louis
660 South Euclid Avenue
St. Louis, MO 63110

- 8/93-5/97 University of Missouri-Columbia School of Medicine
 MA 202 Medical Sciences Building
 Columbia, MO 85212
 M.D. May 1997
- 8/84-8/86 Washington University Nurse Anesthesia Program
 Washington University in St. Louis
 660 South Euclid Avenue
 St. Louis, MO 63110
- 6/81-5/83 St. Louis University
 1400 South Grand Blvd.
 St. Louis, MO 63108
 B.A. Psychology—Magna Cum Laude
 B.S. Nursing—Magna Cum Laude

CERTIFICATION, LICENSURE, AND MEMBERSHIPS

- American Board of Anti-Aging Medicine, Board Eligible 2008.
 (To be Board Certified 2008 pending oral exam.) Written exam passed.
- Arizona State Medical License #34602
- New York State Medical License #231974
- Member, Melanoma/Skin Cancer Committee, AAD 2004-2008
- American Academy of Dermatology, Fellow
- Commonwealth of Virginia, Department of Health Professions, License # 0101230439
- American Board of Dermatology, Diplomate 10/2001
- American Medical Association
- Medical Society of Virginia
- Tidewater Dermatology Society
- State of Missouri, Missouri Board of Healing Arts
- American Association of Nurse Anesthetists
- State of Missouri Professional Nursing License
- American Heart Association Cardiopulmonary Resuscitation
- American Heart Association Advanced Cardiac Life Support
- United States Medical Licensing Examination
 Step I—9/95—Passed
- United States Medical Licensing Examination
 Step II—8/96—Passed
- United States Medical Licensing Examination
 Step III—12/98—Passed
- Missouri Association of Nurse Anesthetists (Past)

EMPLOYMENT HISTORY:

- 05/08-Present Dermatologist, Board Certified, Private Practice
Amerissis Dermatology Center
1990 N. Yucca Dr.
Nogales, AZ 85621
- 10/05-Present Dermatologist, Board Certified
Whole Person Healing Physician
The Tree of Life Rejuvenation Center
686 Harshaw Road
Patagonia, AZ 85624
- 04/04-09/05 Dermatologist, Board Certified
Premier Healthcare
460 West 34th Street
New York, NY 10001
- 07/04-09/05 Dermatologist, Board Certified
William F. Ryan Community Health Centers
10 W. 97th Street
New York, NY 10025
- 8/01-12/03 Dermatologist, Board Certified
Pariser Dermatology Specialists, Ltd.
601 Medical Tower
Norfolk, VA 23507
- 09/98-8/01 Certified Registered Nurse Anesthetist (CRNA), per diem/residency
660 South Euclid Ave.
Barnes-Jewish Hospital
St. Louis, MO 63110
- 8/92-3/00 CRNA, Full-time for one year
Per diem while in medical school/internship/dermatology residency
Health South
St. Louis, MO
- 3/91-8/92 CRNA, Independent contractor
Scott Air Force Base
Belleville, IL
- 10/86-2/91 CRNA/full-time. Team Leader Cardiothoracic Anesthesia 1989-1991
Washington University/Barnes Hospital
660 South Euclid Avenue
St. Louis, MO 63110

6/81-5/88 U.S. Air Force Reserves
Enlisted/Medical Technician
Captain/Certified Registered Nurse Anesthetist
Honorable Discharge

8/75-8/79 U.S. Air Force---- Active Duty
Security Service/Intelligence
Honorable Discharge

EXTRACURRICULAR ACTIVITIES:

Medical missionary work; the study of French and Spanish culture and language;
weightlifting/exercise; travel; eclectic reading; dance; spiritual studies; collecting Japanese netsuke.